



Bank Wire Instructions

Re: Seminars in Germany & Retreats in Greece with Paul Cavel

****THESE INSTRUCTIONS ARE NOT VALID FOR ANY COURSES TAUGHT OUTSIDE OF GERMANY & GREECE****

Step 1: Call *your* bank.

Step 2: Tell the representative you would like to wire funds in **euros** as follows—

To: M. Cavel Jacques

Bank: Credit Mutuel de Bretagne
8-10 Place Porz Moelou
22110 Rostrenen
France

IBAN #: FR76 1558 9228 0800 0191 1394 087

BIC #: CMBRFR2BARK

Step 3: Email chi@relaxationmeditation.co.uk and let us know:

- 1) Your first and last name
- 2) Date you wired money
- 3) Total amount sent
- 4) Seminar/retreat for which you paid

We will confirm with you via email within three days of receiving the funds in our account.

Thank you!