



Bank Wire Instructions

Re: Summer Retreats in France with Paul Cavel

****THESE INSTRUCTIONS ARE NOT VALID FOR ANY OTHER COURSE PAUL TEACHES****

Step 1: Call *your* bank.

Step 2: Tell the representative you would like to wire funds in **euros** as follows—

To: M. Cavel Jacques

Bank: La Banque Postale
Sontre Financier de Rennes
France

IBAN #: FR61 2004 1010 1307 8328 1P03 497

BIC #: PSSTFRPPREN

Step 3: Email chi@relaxationmeditation.co.uk and let us know 1) your first and last name, 2) the date you wired money, 3) the total amount sent, 4) the week(s) for which you paid and 5) your accommodation level (single room (if available), double room or camper).

We will confirm with you via email within three days of receiving the funds in our account.

Thank you! Merci beaucoup!